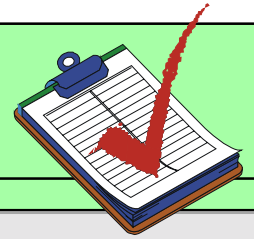


CHS CHECKUP



A publication by and for employees of the Kentucky Cabinet for Health Services

Sept. 25, 2000

NEWS BRIEFS

OPEN ENROLLMENT

Information on open enrollment has been distributed. The deadline to turn in forms is Oct. 6. Employees can also view health insurance info at <http://www.state.ky.us/agencies/personnel/01hi.htm>

KET will air programs on open enrollment on these dates: Sept. 30, noon and 5:30 p.m.; Oct. 1, noon.

NEW AREA CODE

The new 859 area code for northern and central Kentucky becomes permanent on Oct. 1. That means 606 won't work after that date. Reprogram phones and faxes to make sure your call gets through.



TIP OF
THE
WEEK

Four million Americans have GAD, generalized anxiety disorder, a condition marked by chronic or exaggerated anxiety, or anxiety without cause. Deep breathing, meditation, eliminating caffeine and regular aerobic activity are recommended ways to decrease stress. For more information, check the Anxiety Disorders Association of America's web site, www.adaa.org.

New Health Services Web Page Design Underway By Committee

If you have logged on to the Cabinet for Health Services web page recently, you know it is not exactly on the cutting edge of design and content.

That will soon change. For several months a committee of representatives from each depart-

ment and office in the cabinet have been developing recommendations for a new web site. A web developer, Patrick Quirk, has been hired on contract to implement those recommendations.

Working with the committee,

(Continued on Page 2)



Accepting awards from Roger Smiley, Cabinet chairman for WalkAmerica, are three Vital Statistics staffers, from left: team leader Barbara Murray, Jeannie Dearborn and Melissa Woodrum.

March of Dimes WalkAmerica Effort Raises Over \$4,890; CHS and Vital Statistics Honored

CHS raised over \$4,890 this year in the annual March of Dimes WalkAmerica campaign. This easily surpassed the 1999 total of \$2,711. CHS received numerous awards including: second place among veteran teams in amount raised, over \$1,000 Marker Team, Award of Accomplishment for surpassing our 2000 goal by \$1890.65 and the Award of Accom-

plishment for surpassing 1999 total by \$2179.51.

In addition, the Vital Statistics Branch, Department for Public Health, was recognized with two awards, the Spirit Award and Most Unique Wrap Around for their *Kiss a Donkey* activity.

A big thanks to everyone who helped support this worthwhile event.



Red Cross Blood Drive Nets 133 Units From CHS-CFC Staff

The CHS-CFC Red Cross Blood Drive last week was a huge success, with 133 units of blood being collected from 164 donors during the two-day drive. (Some who wanted to donate could not for various reasons)

Donors were eligible for several prizes, ranging from T-shirts to

Applebee's gifts certificates.

Thanks to employees who gave blood. The Red Cross reports there is an urgent need for blood at this time and CHS and CFC employees came through when they were needed.

The next blood drive will be in January. ✓

New Web Site Design Underway

(Continued from Page 1)

Quirk is redesigning the web pages and working with each department and office to update their content.

As the first step in the process, he is trying to identify all the web sites and web servers scattered throughout the cabinet. If you have a web site and have not been contacted by him, please call him at 564-7510, ext. 3895 as soon as possible.

"This is an opportunity for the Cabinet for Health Services to establish an identity that will reach a wide variety of audiences," said Quirk. "We want to design a site that will attract attention, provide easy access to information for everyone, and will promote a good understanding of the cabinet and its services."

In addition to Quirk, the members of the web site development committee are:

Nancy Massie, Public Health
Lula Ray, Medicaid
Lisa Godbey-Lundy, Mental Health/
Mental Retardation
Sandra Rolland, Aging Services
Shane O'Donnell, Certificate of
Need
Alex Reese, Office of Inspector
General
Sarah Lyons, Commission on
Children with Special
Health Care Needs
Dave Johnstone, Office of Legal
Counsel
Scott Smalley, Office of Technical
Services
Brenda Johnson, Ombudsman
Barbara Hadley Smith, Communi-
cations

If you have questions about the development of the web site, you may contact the committee members. Other employees, designated as site editors, will work on updating the information on the pages. ✓

Margarita Day For KECC Set For Oct. 5

Help the Kentucky Employees Charitable Campaign by attending Margarita Day on Oct. 5.

This event in the CHR Cafeteria will be from 11 a.m. to 1 p.m. and will feature Jimmy Buffet music, meal deals (cheeseburger in paradise) and non-alcoholic strawberry or lime margaritas.

Special guest bartenders will be Medicaid Commissioner Dennis Boyd and Inspector General Pamela Murphy. There will also be door prize drawings.

If you pay \$1 to your KECC coordinator for a button, you can wear casual or tropical attire to this fun event.

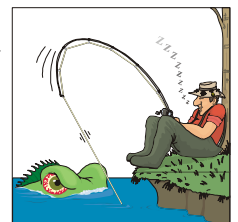
Put on your flip flops or your hushpuppies and help out the KECC. ✓

Larry McCarthy Retiring

After more than 30 years in state government, Larry McCarthy is retiring.

McCarthy currently serves as deputy Medicaid commissioner and is something of an institution when it comes to Medicaid and budget issues.

A retirement reception is scheduled for Thursday this week. For more information, call Cindy Watts or Vonda Wallace at 564-4321.



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